



### Worksheet 7. Food categories

Look at these typical menus for astronauts. Then complete the chart below the menus. Write each bolded word in its correct category.

**BREAKFAST** Here is what space shuttle commander Steve Lindsey chose for breakfast during flight day 2 on mission STS-104.

**Granola** with Raisins

Breakfast **Roll**

**Pears**

Vanilla Breakfast **Drink**

Kona **Coffee** with Cream

Earl Grey **Tea** with Sugar

**LUNCH** Here is what space shuttle pilot Pamela Melroy had for lunch during her tenth day in space on mission STS-92.

**Chicken Strips** in Salsa

**Macaroni** and Cheese

**Rice** with **Butter**

Macadamia **Nuts**

Apple **Juice**

<b>BREAD, PASTA, CEREAL:</b>	<i>granola</i>			
<b>BEVERAGES:</b>				
<b>MILK PRODUCTS:</b>			<i>butter</i>	
<b>FRUITS:</b>				
<b>MEATS:</b>				
<b>OTHER:</b>			<i>nuts</i>	