



Worksheet 3. Vocabulary practice

Complete the sentences in column A with the letter of the correct word or phrase from Column B.

Column A	Column B
1. <i>Daily</i> means _____.	a. without any fat
2. <i>Fat-free</i> means _____.	b. more
3. <i>Low-fat</i> means _____.	c. related to your body
4. <i>Schedule</i> means _____.	d. at the minimum
5. <i>Added</i> means _____.	e. single
6. <i>Healthful</i> means _____.	f. with very little fat
7. <i>Active</i> means _____.	g. busy
8. <i>Individual</i> means _____.	h. every day
9. <i>Physical</i> means _____.	i. a plan for your time
10. <i>At least</i> means _____.	j. good for your health