



Worksheet 4. Food groups

Choose two words or phrases from the word pool that belong in each category. Use each word or phrase in the word pool once.

bananas broccoli cereal cheese geese Coca Cola® ducks
meat nuts peas pineapples potato chips rice yogurt



pineapple



broccoli



cereal



peas



two geese

yogurt

1. dairy products milk, ice cream, _____, _____

2. poultry chickens, turkeys, _____, _____

3. grains bread, pasta, _____, _____

4. proteins eggs, beans, _____, _____

5. vegetables carrots, onions, _____, _____

6. fruits oranges, apples, _____, _____

7. junk food candy, French fries, _____,
