



Worksheet 5. Reading: *Type B Personality*

Read the descriptions of the Type B personality. Answer the questions that follow.

The Type B Personality

The Type B personality is relaxed and has a laid-back attitude and posture. Type B personalities are friendly, accepting, patient, and generally content. They tend to be trusting. They focus on the positive aspects of things, people and events. They are stable and have a pleasant mood.

Type B loves to party, travel, and be part of groups. They love excitement. They are "high-energy" types.

They are supportive of others. They are interested in others and accept others' mistakes. They are flexible, and they are good team members.

People enjoy being around them or seeing them perform. Many radio and TV personalities, actors, and well-known speakers are Type B personalities.

Type B personalities do well in sales, advertising, marketing, public speaking, travel, and in other positions in which they can have a good time while working. They are particularly successful in sales, as they tend to be good conversationalists and are normally quite persuasive.



Choose the correct answers according to the information in the reading. Some items have more than one correct answer.

1. Which words describe Type B personalities?
 - a. impatient
 - b. relaxed
 - c. supportive
 - d. flexible
 - e. high-energy
2. What do Type B personalities do?
 - a. They focus on positive things.
 - b. They like to stay at home.
3. Which statement is true?
 - a. Type B personalities like to run things by themselves.
 - b. Type B personalities like to interact with others.
4. Which professions or occupations are typical Type Bs often found in?
 - a. actors
 - b. accountants
 - c. TV personalities
 - d. advertising
 - e. tour guides